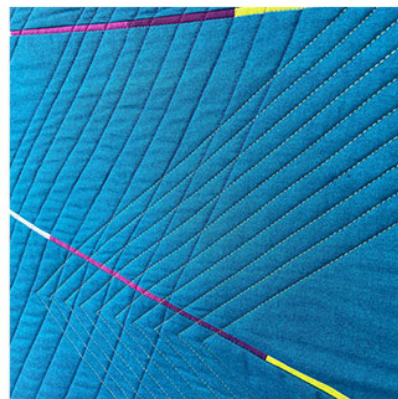
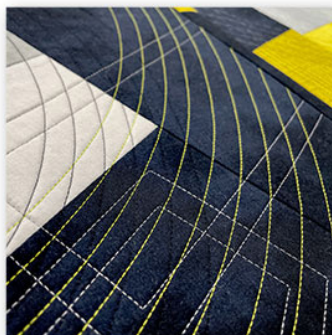
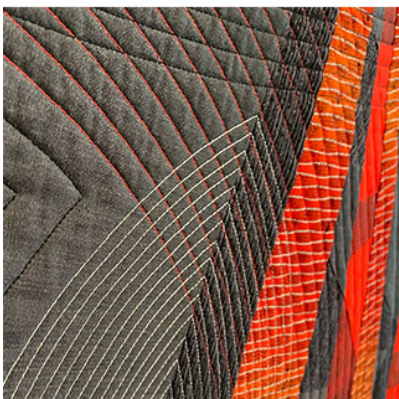


LAYERED WALKING FOOT QUILTING



Please print out this PDF and prepare 3 – 6 quilt sandwiches in advance of the workshop.

Materials List:

- ☐ **Four cotton fabrics:** You will need four quilting cottons: a dark neutral, a light neutral, a bright color, and a dark color. An example palette would be white (or cream), black (or charcoal grey), orange, and rust. Make sure the two neutrals read clearly as very light and very dark, and the two colors are related, but one is bright and one is dark. Solids or very subtly textured fabrics work best: if there is a texture, it should be extremely low-volume/low-contrast and appear to be a solid when viewed from a short distance.
 - ☐ **Dark Neutral:** 1.5 yards
 - ☐ **Light Neutral:** 0.5 yard
 - ☐ **Bright Color:** 0.5 yard
 - ☐ **Dark Color:** 0.5 yard
- ☐ **Cotton batting:** one 30" x 24" piece cut into 3 – 6 10" x 12" pieces
- ☐ **Cotton backing:** one 31.5" x 25" piece cut into 3 – 6 10.5" x 12.5" pieces from the dark neutral fabric
- ☐ **Four spools of 50 wt. sewing thread:** white (or cream), medium grey, black, and one bright color that matches your bright colored fabric. Cotton thread like Aurifil is great, Sulky rayon is a nice option for the bright color.
- ☐ **Optional:** #8 perle cotton thread in a bright color to match your bright fabric.

This PDF handout includes patterns and directions for preparing 3 – 6 simple quilt sandwiches, which you will need to piece and prepare in advance of the workshop.

These will be the canvases for your machine quilting artistry! We will quilt at least 3 samples in class. If you are speedy, you may want to have up to 6 quilt sandwiches prepped.

Tools/Equipment:

- ☐ Home sewing machine with walking foot
- ☐ Iron and ironing board (provided for in-person workshops)
- ☐ Small scissors to clip threads
- ☐ Seam ripper
- ☐ Rotary cutter
- ☐ Small cutting mat
- ☐ Small quilting ruler
- ☐ Hera marker (or large paperclip, which can be used as a hera marker)
- ☐ Straight pins
- ☐ Embroidery needle + milliner's needle

Please Note: Try out your walking foot attachment before class until you are confident it is working properly.

This is an all-levels class. You should be comfortable using your sewing machine, and it should be in good working order. I look forward to sharing and sewing with you!



Backing, Batting, Gussets, Binding

Cut the following in advance of the workshop:

☐ BACKING

Cut 3 – 6 pieces of backing fabric, using your dark neutral: **10.5 x 12.5**

☐ BATTING

Cut 3 – 6 pieces of cotton batting: **10 x 12**

80% cotton/20% polyester batting or 100% cotton batting.

The following are optional to bring with you to the workshop:

☐ GUSSETS

I will demonstrate how to create gussets if you'd like to join your quilted samples together.

If you'd like to try this in the workshop, bring the following fabrics:

cut one piece from each of your four fabrics: **6 x 12 (cut one from each fabric).**

Bring your scraps and any leftover strip set pieces: they can be used for gussets as well.

☐ BINDING

This is an optional step, if you'd like to prepare face binding strips for a 36 x 18 finished quilt in advance.

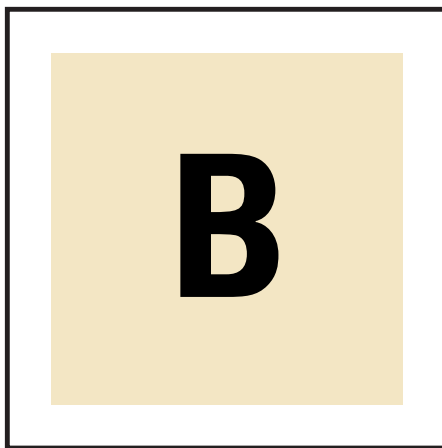
Cut binding strips from the length of fabric, using your dark neutral:

4 x 36 (cut two, press in half lengthwise to 2 x 36)

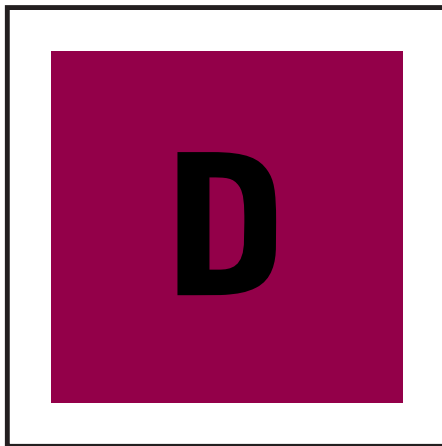
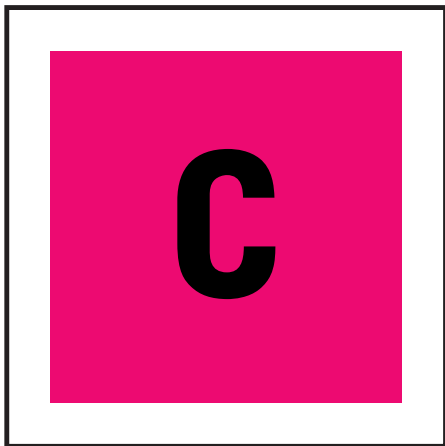
4 x 18 (cut two, press in half lengthwise to 2 x 18)

Example Palette

Paste a swatch of your fabric choices over the examples below:



A: Dark Neutral: 1.5 yards **B: Light Neutral:** 0.5 yard



C: Bright Color: 0.5 yard **D: Dark Color:** 0.5 yard

PATTERN CUTTING TIPS:

Choose 3 – 6 pattern pages that you would like to prepare for the workshop.

Print the pattern pages at 100% size. Cut pattern pieces apart on solid black lines.

When cutting fabric, **add .25 inch** for seam allowance to all **inside** cut lines (solid black lines).

Add 1 inch beyond the edge of the 8.5 x 11 paper for extra seam allowance on all **outside** edges.

Piece 3 – 6 of the designs using standard quarter inch seam allowances.

Press seams to one side, away from the lightest colors.

1: Prep batting + backing



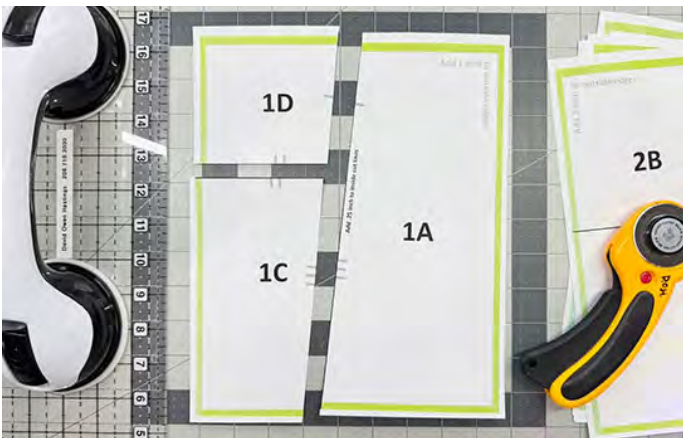
Prepare 3 – 6 batting and backing pieces, using the sizes on page 3. Stack them up in pairs, centering the batting on the backing.

2: Create an example palette



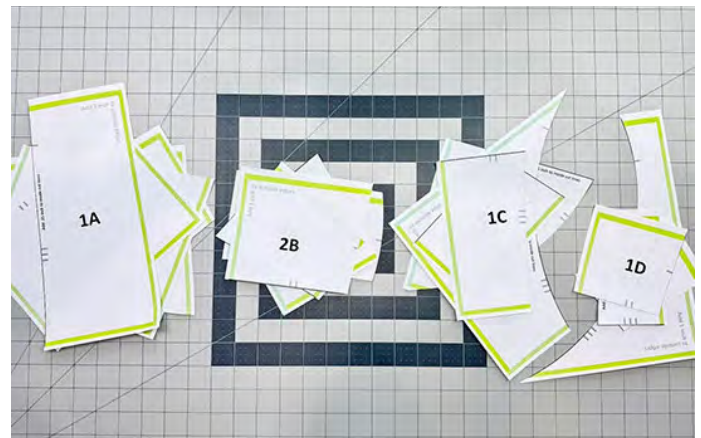
Cut swatches of your fabrics and attach them to the example palette.

3: Print and cut pattern pieces



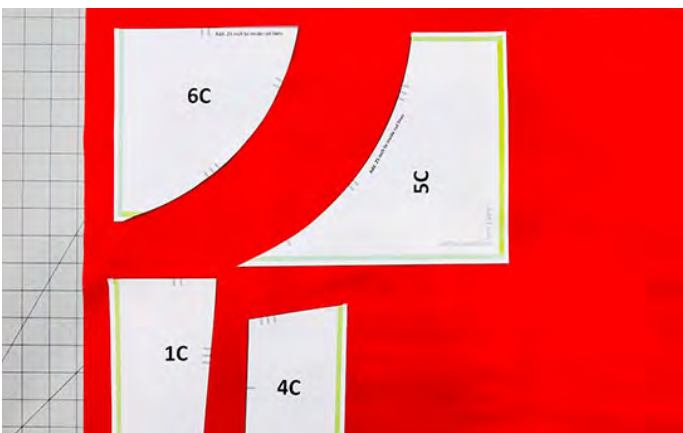
Choose 3 – 6 patterns that you would like to use for the workshop. Print out the pattern pages at 100% size. Cut on the solid black lines.

4: Sort pattern pieces



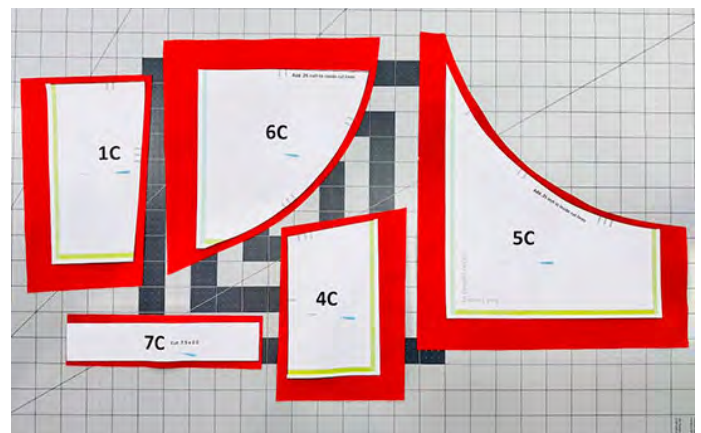
Sort the pattern pieces by letter (A, B, C, D).

5: Position pattern pieces on fabric



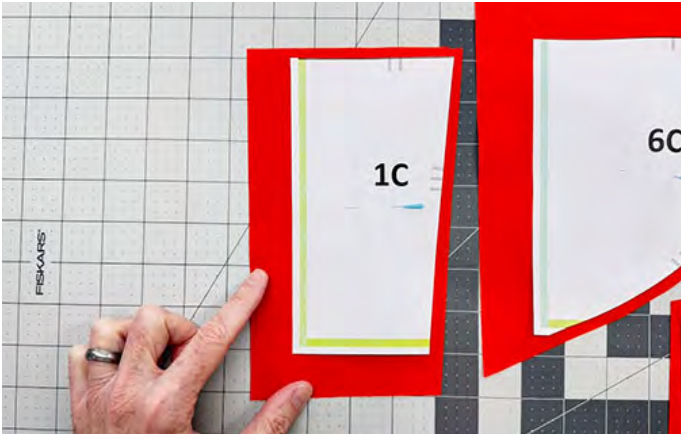
Starting with one color, place pattern pieces printed side up on fabric. This photo shows the C pattern pieces, ready to cut out.

6: Cut out fabric



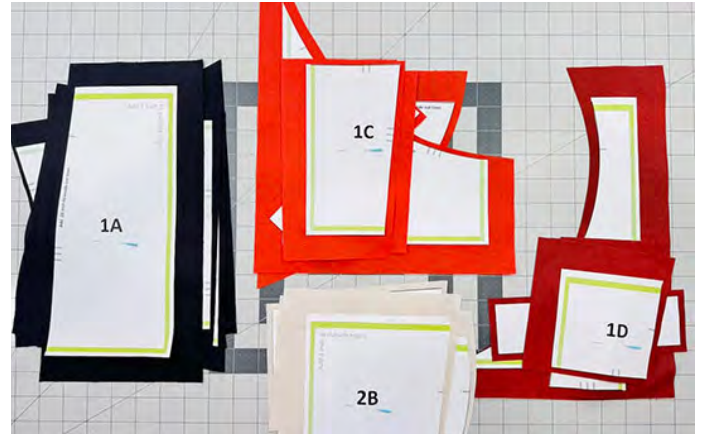
Cut around pattern pieces. **Add .25 inch** to all **inside** cut lines. **Add 1 inch** to all **outside** edges, indicated with a thick green line.

7: Pin pattern pieces to fabric



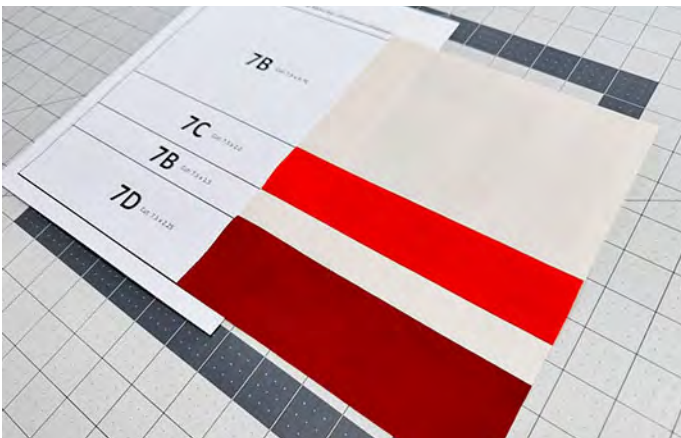
This photo shows .25 inch seam allowance on the top and right, and 1 inch seam allowance on the left and bottom edges.

8: Cut all the fabric pieces



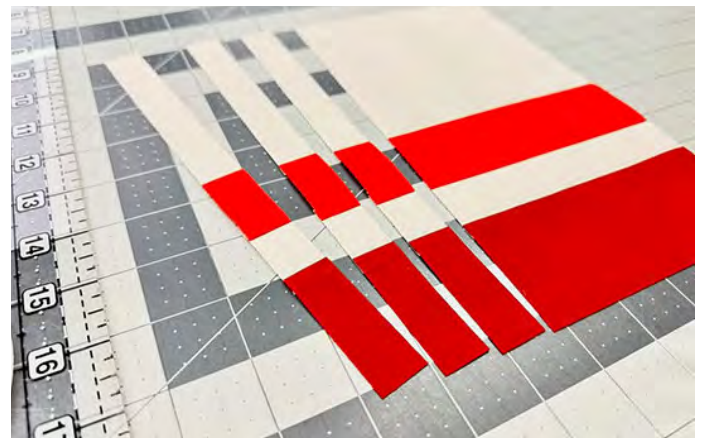
Keep the pattern pieces pinned to each piece of fabric.

9: Sew the strip set (pattern 7)



Sew the strip set with standard .25 inch seam allowances, pressed away from the lighter fabric.

10: Cut a few .75 inch strip set slices



To start, cut 3 or 4 strip set slices: .75 inch wide each. Wait to cut more until you need them.

11: Prepare to piece each pattern

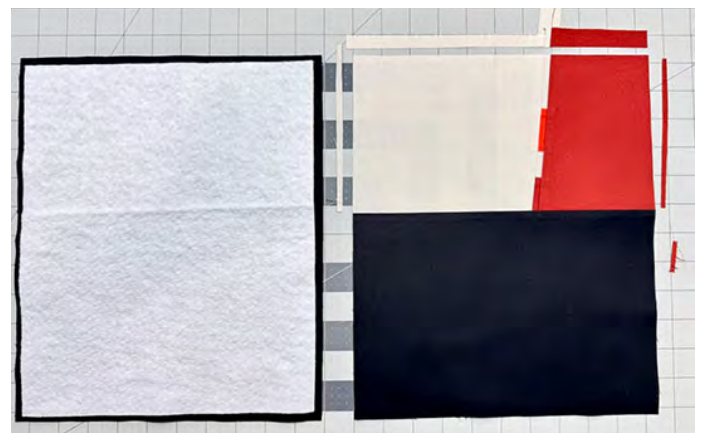


Piece each pattern using standard .25 inch seam allowances.

Include a .75 inch strip set piece anywhere you like! This adds a bit of extra sparkle.

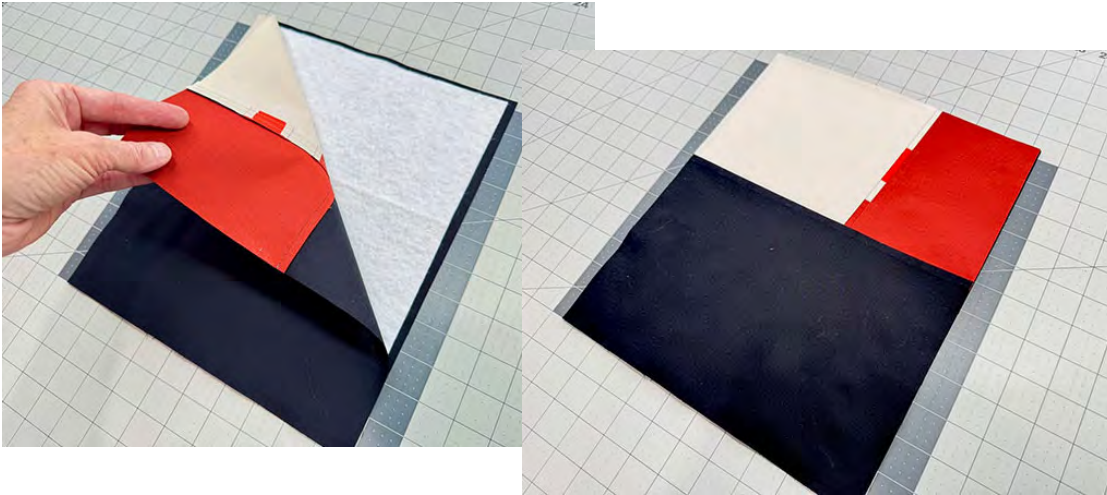
Press seams away from the lightest color whenever possible.

12: Trim to 10.5 x 12.5



Once you've pieced and pressed, trim the top so it is 10.5 x 12.5 inches, and place it on top of one of the pieces of batting + backing.

Prep 3 – 6 quilt sandwiches like these examples, then you're ready for the workshop!



Add 1 inch
to outside edges

1D



Add .25 inch to inside cut lines

1A

1C



to outside edges
Add 1 inch

2B



Add .25 inch to
inside cut lines

2D



2A

3D

3B

3A

Add .25 inch to inside cut lines

Add 1 inch
to outside edges

to outside edges
Add 1 inch

4A



4B

Add .25 inch to
inside cut lines



4C

5A



Add .25 inch to inside cut lines



5C

Add 1 inch
to outside edges

6B



Add .25 inch to inside cut lines

6C



6D



Add 1 inch
to outside edges

Strip Set

Sew a 7.5 x 9.0 inch strip set using .25 inch seam allowances:

7B Cut: 7.5 x 4.75

7C Cut: 7.5 x 2.0

7B Cut: 7.5 x 1.5

7D Cut: 7.5 x 2.25